

**KUZA
CAVE**

PH: +255 777 672 652
ZANZIBAR EAST COAST, JAMBIANI - YOU WILL BE SURPRISED!
CULTURE CENTRE



TOUR PACKAGE INFORMATION



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REGISTERED NON-PROFIT ORGANISATION (NGO)

Dear Manager,

The team at Kuza Cave would like to share our progress to date and let you know about our future plans. Over the last year we have established Kuza Cave as a well-known eco-friendly tourist attraction – see www.kuzacave.com or look for "Kuza Cave" on [Facebook](#) and [Instagram](#). Our combination of Cave Swimming, Swahili Archaeology, Music and Cooking Lessons has proved very popular and, thanks to Social Media, people are hearing about us before they arrive in Zanzibar. Managers we have spoken to appreciate that we are promoting Zanzibar as a destination.

We are very happy to announce that we now a registered non-profit organisation (NGO). Profits from the project provide:

- Kuza Cave Learning Lab in Kibigija - Basic literacy and numeracy in Swahili and English using tablets pre-loaded with learning games along with hands-on games and activities.
- Funds to build new classrooms at Kibigija Nursery School.
- Breakfast program for over 100 students in Kibigija school
- Training to local youth in Swahili dance, cooking, tourism and hospitality.
- Women empowerment and entrepreneurship through Swahili arts and crafts.

We offer an authentic Swahili experience to visitors while promoting and preserving local Swahili Culture. Our new kitchen is ready and guests are enjoying Swahili Cooking Lessons and traditional African drum and dance lessons. Our Tuesday night Swahili Dance Performances will continue as they did last year. We now have a medicine garden and an expert in traditional medicines available for discussions. Guests can buy medicinal herbs and locally made art and craft at Kuza Cave. Every Sunday is a busy day filled with Swahili art workshops and performances.

Our goals for the next year are to expand our Cultural Education Centre and offer interactive lessons to local schools about Swahili History. We are aiming to be self-sustaining financially in the long-term and invite Corporate or Individual Sponsorship for seed funding. Please read about our projects on our website or make an appointment to speak to us further about how you can assist us to grow faster and realise our goals. Volunteers and interns are invited to stay at Kuza Cave and become involved in education and other projects in Jambiani. You are welcome to join us and enjoy Kuza Cave Culture Centre to try it for yourself - Karibu!

*Kuza Cave Committee
December 2018*

SUMMARY OF KUZA CAVE CULTURE TOUR PACKAGES

INCLUDES:	Cave Entrance	Swahili Lunch	Transport East Coast set pick up points		
	Archaeology displays and videos	Swahili Cooking OR drum lesson	Guides Fees		
	Traditional Medicine	Archaeology discussions	Entrance fees three caves / sites	1 - 3 people per person	4 - 6 people per person
Kuza Cave Only (1 - 2 hours)	✓			\$10	\$10
Half Day Kuza Cave Culture Tour with lunch (4 hours)	✓	✓ *best value		\$30	\$25
Full Day Kuza Cave Culture Tour (Shared Car/Guide maximum 6 ppl)	✓	✓	✓	\$70	\$55

KUZA CAVE ONLY PRICES

	Price
Visitors	\$10 (20,000)
Residents	\$5 (10,000)
Children 7 – 18 (Free up to 6 years old)	\$5 (10,000)

KUZA CAVE CULTURE WORKSHOPS

Lesson	Time	Cost per person 1-5 People	Cost per person 5-10 People
Drumming / African Dance lessons	60 mins	20,000	10,000
Traditional Medicines	30 mins	10,000	5,000
Swahili Cooking Lesson	90 mins	20,000 plus 20,000 per person to eat the food	15,000 plus 15,000 per person to eat the food
Drum Making	Per hour (2-3 hours)	20,000 To buy the drum 100,000	15,000

WEEKLY CULTURE EVENTS

Additional Activities	
Culture Workshops 20,000 tsh	Anyday by booking Swahili Cooking, Dancing, Drumming, Traditional Medicines
Tuesday Evening Cave + Swahili Buffet and Performance 45,000 tsh 4 pm – 9 pm (5 hours)	4:00 Cave swimming 6:00 Swahili Archaeology discussion 6.30 Swahili buffet 7:30 Swahili dance and drum performance
Sunday Culture Day 10 am – 9 pm Entry and Performance by donation 25,000 tsh Swahili Buffet	See list for workshop prices and fees 10 –12 Art and craft workshops 12 –2 Swahili cooking lessons and lunch 2 – 4 Dance and drum lessons 5:00 Swahili Archaeologist discussion 6:00 Swahili Dance Performance 7:30 Swahili Buffet



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CULTURE CENTRE



REGISTERED NON -PROFIT ORGANISATION (NGO)

FREQUENTLY ASKED QUESTIONS

- Kuza Cave Culture Centre is open from 8 am to 6:30 pm every day
- Bookings are not necessary for the basic visitor package
- Allow at least 1 – 2 hours for a visit
- Food and cold drinks are available
- We cater for vegetarian and gluten-free or dairy-free
- Yes we have basic accomodation in cocunut huts with European Toilets

Directions

Kuza Cave is about 45 minutes drive from Stonetown, or eight minutes from Paje, Zanzibar. You can take a bus (Dalla Dalla) to Jambiani and tell the driver you want to get off at Kibigija – it is after Spice Island hotel. The Dalla Dalla to Jambiani is number 309 and it leaves every hour from outside Mwanakwerekwe market.

Kuza Cave is near the first turn-off in Jambiani at Kibigija. If you are coming from Stonetown, turn right at the Kuza Cave sign at the first Jambiani turn off where there is a cement bus stop on the corner, a mosque and a few shops. Follow this dirt road a few hundred metres to find Kuza Cave. You will pass an orange and white kindergarten, then take a right to keep following the dirt road and then you will see the entrance to Kuza Cave. We are happy to meet you at the main road turn off. Just call us for assistance. We can organise a car to pick you up from your hotel or Stonetown.

Contact Details

- Email to contact@kuzacave.com
- SMS to +255 777 672 652
- Whats App +61405820967

Commission

We offer bulk tour operators who bring guests frequently or large groups commission on half and full-day tours.

Safety & Access

The property can be accessed by car or bus. We have improved the road on the way to Kuza Cave and will do some more work after the short rains are finished. There are stairs and a rope to assist a safe passage. People of general fitness can manage the steps. In rainy times the rocks can be slippery and people need to be slow and careful. If people have problems with large steps or uneven surfaces they will find it very difficult. The water is about 4 meters deep in some places and there are steep areas and wildlife so young children must be supervised. A first aid kit is available.

What do you make in the Cooking Lesson?

We make a full meal with local ingredients of Beef fillet, fish, chicken or available seafood. The main dish is served with ugali or coconut rice or spicy rice. We are happy to cater for dietary requirements or preferences. It takes about 90 minutes to cook and then 30 minutes for eating the lunch together.

What is included in the Swahili Buffet?

Depending on the number of bookings, we make a range of Swahili foods:

- Mishkaki (Beef or Chicken)
- Spinach and coconut
- Zanzibar mixed vegetable curry
- Chicken or Seafood Zanzibar Curry
- Catlass, Chapati

PACKAGE 1: KUZA CAVE VISITOR

Time: 1 to 2 hours

Swahili history	See artefacts from the cave and a timeline of Swahili history going back to the beginning of our story as humans originating in East Africa
Cave tour and swimming	Discover the ancient limestone cave and crystal clear healing mineral water pool. We provide swimming masks
Swahili music	Enjoy a few songs - Swahili singing and drumming. Join in if you like!
Swahili Medicines	Explore our medicine garden and learn about traditional herbs and healing



PACKAGE 2: KUZA CAVE CULTURE TOUR - HALF DAY

Time: 4 hours

Swahili History	See artefacts from the cave and a timeline of Swahili history going back to the beginning of our story as humans originating in East Africa
Cave tour and swimming	Discover the ancient limestone cave and crystal clear healing mineral water pool. We provide swimming masks
45 min dance / drum lesson OR Swahili Cooking Lesson Zanzibar Coconut Curry	Menu Example: Chicken, Calamari or Octopus cooked with Zanzibar spices and fresh coconut milk
Swahili Medicines	Explore our medicine garden and learn about traditional herbs and healing



PACKAGE 3: KUZA CAVE CULTURE TOUR - FULL DAY

Time: 9 hours



An expert guided tour that includes at least three caves and other Archaeological sites on the South and East Coast of Zanzibar. The full-day package includes a Swahili Cooking Lesson, lunch and cave-swimming in crystal clear fresh water in Kuza Cave followed by traditional African dancing and drumming. The day starts in the South of Zanzibar. Step into peaceful sacred spaces with a Zanzibari local who will tell you the story of his family and their spiritual connection to caves over time. Throughout the day you will:

Swahili Archaeology	<ul style="list-style-type: none"> • Explore sites with human bones up to 20,000 years old and see a fossilized human femur • Understand how artefacts from Persia, Oman, China and India that provide evidence of Zanzibar's unique history as a centre of global trade in times past • Hear about the geological development of Kuza Cave and other caves that were once home to ancient humans and discuss the migration paths of our ancestors out of Africa • Practice your skills as an Archaeologist in our simulated site sifting through clay shards, beads and bones
Swahili healing rituals and medicines	<ul style="list-style-type: none"> • Meet the guardian of sacred caves that are still used to appease and implore spirits to solve problems. This is a continuation of religious practices that pre-date Islam and Christianity • Explore the connection between healing, medicine and religion • Watch or participate in a ceremony to solve problems and make a wish
Swahili music	<ul style="list-style-type: none"> • Join in a drumming and dancing jam session to celebrate Swahili culture
30 minute Swahili cooking or drum / dance lesson	<ul style="list-style-type: none"> • Enjoy a short Swahili Cooking Lesson with a fantastic Chef or have a short lesson with our resident performers

PACKAGE 3: TUESDAY EVENING KUZA CAVE TRADITIONAL DRUM AND DANCE PERFORMANCE

Time: 4 hours

5:00 Swahili history	See artefacts from the cave and a timeline of Swahili history going back to the beginning of our story as humans originating in East Africa
5:30 Cave tour and swimming	Discover the ancient limestone cave and crystal clear healing mineral water pool. We provide swimming masks
6:30 Swahili Buffet	A range of fresh Swahili food
7:30 – 8:30 Swahili music performance	Traditional dancing and drumming



PACKAGE 4: SUNDAY CULTURE DAY ACTIVITIES WORKSHOPS AND LOCALLY MADE PRODUCTS FOR SALE

Come along and watch workshops with local participants in various art and craft workshops like:

- Traditional weaving
- Soap making
- Print Screen
- Sewing

Perhaps you, or a visitor, have a skill you would like to teach? Or some art supplies to donate? Please contact us for a chat.

We invite volunteers to stay at Kuza Cave and get involved in on-site activities and also teaching children in the village.

Our three bungalows have an ensuite, fan and nets.



HOTEL PERFORMANCES

Our Dance teachers and students are available to perform in your hotel. Our performance group includes children and youth from the village who are learning traditional dance.

Phone us on +255 777 672 652 to make a booking



ACCOMMODATION

We have two comfortable eco-friendly bungalows with European ensembles. Each bed has a fan and mosquito net. With our onsite kitchen and chef we can offer all inclusive packages.

Please call to discuss extended Cultural tours including overnight stays at Kuza Cave on the East Coast of Zanzibar.

Phone us on +255 777 672 652 to make a booking



KUZA CAVE CULTURE CENTRE NGO

Vision Statement

Kuza Cave Culture Centre's vision is that traditional and contemporary cultural arts will be preserved for future generations for both economic and social benefit. Youth will take an entrepreneurial approach to become involved in tourism through cultural products and performances. This will both reduce poverty by developing sustainable careers and strengthen individual and community identity which are needed to build a socially cohesive society that values cultural diversity.

Mission Statement

The current problem is that many youth in Zanzibar did not continue on to higher levels of education and now struggle to get employment and face a life of poverty. Also, the rapidly growing Tourism industry in Zanzibar is generally benefiting people from abroad rather than benefiting local youth. Levels of education, skills and English language are barriers to their full involvement in the Tourism sector. Kuza Cave Culture Centre's mission is to teach Zanzibar youth sustainable ways to earn an income from being involved in the Zanzibar Tourism sector by providing authentic cultural art products and performances. We will provide a cultural education centre in Jambiani so that youth in Zanzibar, especially remote and regional areas, have access to equipment, performance spaces and teachers to develop cultural talents and skills. The education centre will ensure that the next generation preserves unique cultural traditions.

Objectives

The objectives of Kuza Cave Culture Centre are:

- Provide education about Swahili Culture, arts, music, history and foods to local youth and visitors
- Provide lessons in dance and drumming sculpture and other traditional and contemporary arts
- Provide a performance space for rehearsals and small functions to train students in all aspects of function management
- Tanzanian culture and history will be widely known and appreciated as a historic foundation to all other cultures as the 'cradle of humankind'.
- Provide accommodation and kitchen for teachers, volunteers and guests
- Educate, coach and guide youth so that they can become self-sufficient as entrepreneurs
- Manage public relations, marketing and meet legal responsibilities
- Raise funds to sponsor the projects



FULL DAY TOUR - MAIN PICK UP POINTS

- 8.30 am Paje Round-about
- 8:40 am Kibigija Mosque (on the main road)
- 8:50 am Jambiani Petrol Station
- 9:00 am Mfumbwi (South Jambiani)
- 9:20 am Makunduchi Round about
- 9:30 am Kizimkaze
- Drop off around 6pm

TERMS AND CONDITIONS

- Bookings essential for full and half day tours
- Pre-payment is required before the tour begins
- We accept cash USD or TSH Shillings
- Online payment at www.kuzacave.com or Paypal is available
- Small children must be closely supervised by parents due to water, steep cliffs and wildlife
- Hotel pickups can be organised for an extra fee
- This is a shared tour with a maximum of six people per car. Private tours can be arranged for a higher fee
- Prices may change due to petrol prices and unexpected events

CULTURAL RESPECT

- Each cave has a different story and rules that your guide will explain. Some caves are fine for swimming and relaxing, while others will have a strict dress code (e.g. no shoes, covering knees and shoulders), or require permission before entering. Some caves will have sacred areas that should not be touched or photographed.
- Each cave we visit on this tour has been organised in consultation with the local community and we operate with the support and guidance of the government of Zanzibar.